## Claim Amendments

Claims 1-20 (canceled)

Claim 21 (previously presented): A method of forming a mine roof support crib comprising the steps of:

placing a first chock having at least one notch with only one edge and a flat portion that extends from the edge to the end of the chock in a mine;

placing a second chock having at least one notch with only one edge and a flat portion that extends from the edge to the end of the chock in the mine and adjacent to the first chock;

linking a third chock having at least one notch with only one edge and a flat portion that extends from the edge to the end of the chock with the one notch of the first chock and the one notch of the second chock;

linking a fourth chock having at least one notch with only one edge and a flat portion that extends from the edge to the end of the chock with a second notch of the first chock and a second notch of the second chock; and

linking a desired number of additional chocks having notches with only one edge and a flat portion that extends from the edge to the end of the chock onto each other or the first, second, third or fourth chocks through notches of and the respective chocks until at least two planes are formed.

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Claim 22 (original): A method as described in Claim 21 including after the linking a desired number of additional chocks, there is the step of supporting a load of at least five tons with the additional chocks and the first, second, third and fourth chocks.

Claim 23 (previously presented): A method of forming a chock for a mine roof crib to support a mine roof comprising the steps of:

attaching a first block to a top side of a primary piece in spaced relationship to each end of the primary piece to define notches at each end of the top side of the primary piece, the primary piece a single piece of material; and

attaching a second block to a bottom side of the primary piece in spaced relationship to each end of the primary piece to define notches at each end of the bottom side of the primary piece.

Claim 24 (original): A method as described in Claim 23 including the step of placing a stop adjacent each end of the primary piece and in spaced relationship with the respective block to define a receiving zone to receive a notch of another chock.

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Claim 25 (original): A method as described in Claim 24 wherein the stop includes blocks, spacers, bar pins or staples.